

Recovering Freedom

Confess the Truth (James 5.16)

A Difficult Step

1. It's difficult to confess to _____ – we usually _____ others
2. It's difficult to confess to _____ – we usually _____
3. It's difficult to confess to _____ person – we usually _____ our image and pride

An Essential Step

1. It brings _____ (Ephesians 4.25)
2. It releases the power of _____ (Matthew 18.19)
3. It _____ God's acceptance (Mark 1.5)
 - 1) When another _____ understands and accepts you despite your failings, it's _____ to believe that God does, too
 - 2) Almost every great _____ has begun this way

A Cautious Step

1. Don't confess to the entire _____
2. Some guidelines for choosing the appropriate people:
 - 1) A Christian who shares your _____ (Psalm 1.1)
 - 2) A person who is _____
 - 3) A person of the same _____
3. Be completely _____
 - 1) Don't minimize it with _____
 - 2) Don't minimize it with _____
 - 3) Don't minimize it with _____
4. Have a _____ spirit and be determined that you will _____

Additional Scriptures cited: Proverbs 28.13; 11.13