

*How to Get Along with People*

**Release Resentment**  
**(1 Corinthians 13.5)**

**The Problem of Resentment**

1. Many struggle with it

1) Because of hurts suffered as a \_\_\_\_\_

2) Because of hurts suffered at \_\_\_\_\_

3) Because of hurts suffered in your \_\_\_\_\_

2. It destroys \_\_\_\_\_

3. It destroys your own \_\_\_\_\_ (Proverbs 17.22)

1) It makes some \_\_\_\_\_ into a shell

2) Others become vengeful and \_\_\_\_\_

3) Like acid, resentment destroys most that in which it is  
\_\_\_\_\_

**A Prescription for Resentment**

1. The first, best prescription is \_\_\_\_\_

1) When someone hurts you, decide to \_\_\_\_\_ it and move on

2) Make forgiveness the \_\_\_\_\_ attitude of your life

2. “But what if it’s too late for that?”

1) \_\_\_\_\_ to forgive (Mark 11.25)

2) Take the \_\_\_\_\_ (Matthew 18.15)

3) \_\_\_\_\_ the offender (Romans 12.19)

4) Focus on the \_\_\_\_\_ (Hebrews 12.15)

5) Believe that forgiveness is \_\_\_\_\_

**Additional Scriptures cited:** Job 19.19; 5.2